

BOREDOM BREAKERS!

Here's some FREE activities you can do to learn, develop and have fun during the lockdown (and in the future!)

Learning Beyond the Classroom - The following websites/apps will expand your learning on school and new subjects!

- Get ahead in school subjects at **The Student Room**
- Learn new knowledge and skills in lots of different subjects at **Udemy**, **Open University**, **MOOCs**
- Computing - **Visit Idea**
- Languages - **Visit Duolingo**
- 3D Design - **Visit Blender**
- Animation and video games at **Signals**
- Sciences - Try this **Podcast** and these **STEM activities**
- Music - Try **free guitar lessons**
- How about following your favourite YouTuber to develop a practical or craft skill.

Employability - Sort out your CV, and make yourself even more employable while on lockdown.

Build your employability skills at **Skills Builder** and **EtonX**

Careers Research - Discover your ideal career from the sofa!

- Attend a Careers Zoominar - there's some amazing ones **here**
- Find out where different **school subjects** can take you
- Interested in Health and Social Care? Join an online **career taster** on May 13th
- Inspiring talks from how to start in different careers to being more motivated at **SpringPod**
- Be inspired by **local careers** in Sussex
- See what a computer thinks you should do! Try **Icould** or **Prospects**
- Research different careers **here**

Virtual Work experience and Internships

Try out a virtual internship or work experience:

- **Inside Sherpa**
- **Invest In**
- **Speakers for Schools**
- **Barclays Lifeskills**

If none of the above appeal then there's also even more suggestions **here** (including ideas for young people with SEN).

Have fun and don't forget to follow us on **Instagram** for more tips and ideas and support!

